

DINING GUIDE for Metro Orlando	p. 1
HEALTH FOOD MARKETS for Metro Orlando	p. 10
Additional VEG-/ECO-Friendly Services	p. 12
MAGIC KINGDOM DINING GUIDE	p. 14

DINING GUIDE for Metro Orlando

ALI BABA

1155 SR 434 West
Longwood, 32759
407-331-8680

Persian/Lebanese

not pure veg; veg/vegan options

buffet with many veg/vegan options; hummus, tabouleh, eggless tofu salad, falafel, baba ganouch, fatouche, dinner show nightly

www.alibabarestaurant.info

AUSTIN COFFEE AND FILM

929 W Fairbanks Ave
Winter Park, 32789
407-975-3364

hours:

M-Th 7am-11pm

F-Sa 7am-1am

Su 8am-12am

Coffeehouse/Café

not pure veg; veg/vegan options

salads; sandwiches including hummus, eggless egg salad; tofu and tempeh; vegan quiche; vegan cheese and veganise available; vegan baked goods including **Fat Vegan Donuts**; organic fair trade coffees and teas; commitment to organic, healthy eating; coffee roaster; WI-FI

beer and wine; some organic

www.austinscoffee.com

BLACK BEAN DELI

325 S Orlando Ave
Winter Park, 32789
407-628-0294

Cuban

not pure veg; veg/vegan options

authentic veg/vegan Cuban dishes incl. vegan empanadas, tamales, black beans, rice and tamales

CAFÉ ANNIE

131 N Orange Avenue
Orlando, 32801
407-420-4041

Middle Eastern

not pure veg; veg/vegan options

standard middle eastern food; veg/vegan options
doubles as night club in evenings

beer and wine

CAFÉ 118

153 E Morse Avenue
Winter Park, 32789
407-389-2233

Living/Raw & Juice Bar

100% vegan

creative, eclectic living and raw cuisine utilizing locally sourced organic ingredients including chili rellenos and shiitake mushroom lasagna; juice bar; "milk" shakes, raw ice cream and other desserts

beer and wine COMING SOON

www.cafe118.com

CEDAR'S

7732 W Sand Lake Road
Orlando, 32819
407-351-6000

hours:

M-F 11:30-3pm, 5-10pm
Sa noon-2am

Lebanese

not pure veg; veg/vegan options

many veg/vegan options; vegan baklava made w/sugar syrup (not honey) for dessert

beer, wine and limited full liquor

www.cedarsoforlando.com

CROOKED BAYOU

50 E Central Blvd
Orlando, 32801
407-839-5852

hours:

M-F 11am-2am
Sa noon-2am
closed Sundays

American/Cajun

not pure veg; veg/vegan options

vegan options include veggie burger, hummus wrap, beans & rice; fries, tater tots and fried pickles fried separately from meat and in trans-fat-free oil

beer, wine and full liquor

www.crookedbayou.com

DANDELION COMMUNITEA CAFÉ

618 N Thornton Ave
Orlando, 32803
407-362-1864

hours:

Su-Sa 11am-11pm
closed Mondays

Teahouse/Cafe

100% veg; vegan options

creative, fresh/mostly raw salads, wraps, hummus, chili, etc. everything is vegan but can add cheese or vegan cheese/feta; vegan fluffernutter; vegan baked goods; lots of teas and elixirs; committed to organics and local community; GREEN CERTIFIED; WI-FI

beer and wine; some organic

www.dandelioncommunittea.com

DESIGNER GREENS

464 N Alafaya Tr #106
Orlando, 32828
407-282-8588

Salad Bar

not pure veg; veg/vegan options

design your own salad

DRUNKEN MONKEY COFFEE BAR

444 North Bumby Av
Orlando, 32803

hours:

M-Th 7am-9pm
F 7am-midnight
Sa 9am-midnight
Su 9am-9pm

Coffeehouse/Café

not pure veg; veg/vegan options

creative daily soup and sandwich specials with many veg/vegan options; wide selection of vegan/non-vegan baked goods; coffee/tea with many alternative milks; vegan cheese, veganaise; WI-FI

www.drunkenmonkeycoffee.com

ENZIAN THEATER

1300 S Orlando Ave
Maitland, 32751
407-629-1088

hours:
check show times

Arts Cinema/Café

not pure veg; veg/vegan options

arthouse cinema with full menu; veg/vegan options include
homemade vegan burger; hummus; pizzas; salads (can add tofu)

beer and wine; full liquor served in patio bar

www.enzian.org

ETHOS VEGAN KITCHEN

1235 N Orange Ave #101
Orlando, 32804
407-228-3899

hours:
M-Sa 11am-10pm
Su 10am-3pm (brunch only)

Intercontinental/Homestyle 100% vegan

light bites, soups, salads, sandwiches, pizza, main dishes, and house-
made vegan baked goods; Sunday brunch; indoor and patio seating;
WI-FI

no alcohol

www.ethosvegankitchen.com

FALAFEL CAFE

12140 Collegiate Way #175
Orlando, 32817
407-382-6600

hours:
M-F 11am-8pm

Middle Eastern

not pure veg; veg/vegan options

hummus, baba ghannouj (not vegan), grace leaves, falafel, rice and
beans, salad, spinach pie, zaatar, tabbouleh

www.falafelcafe.com

FLORIDA HOSPITAL CAFETERIA

601 E Rollins Street
Orlando, 32803
407-897-1793

Buffet

not pure veg; veg/vegan options

cafeteria food; buffet and short order grill;
many products contain egg whites and/or dairy; ask what's vegan

no alcohol

GARDEN CAFE

810 W Colonial Dr
Orlando, 32805
407-999-9799

hours:
Tu-F 11am-10pm
Sa-Su noon-10pm
closed Mondays

Chinese

100% veg; vegan options

extensive menu of "traditional" dishes; lots of meat substitutes;
no garlic or onion in ANYthing

no alcohol

www.gardencafevege.com

GREEN DAY CAFE

1515 Lee Rd
Orlando, 32810
407-704-7877

hours:

M-Sa 10am-9m
closed Sundays

Fast Food "Eco-Café"

not pure veg; veg/vegan options

limited menu of sandwiches, wraps, soups and sides; plates, cups, etc. are corn- or sugar-based, made from recycled materials and/or compostable

no alcohol

www.greendaycafe.com

INFUSION TEA - College Park

1520 Edgewater Drive, Suite A
Orlando, 32804
407-999-5255
866-346-5135

hours:

M-Th 8am-9pm;
F-Sat 9am-10pm;
Su 11am-5pm

Teahouse/Café

100% veg; vegan options

light fare including sandwiches, soups, salads; desserts; extensive tea menu; commitment to organics; WI-FI

no alcohol

www.infusionorlando.com

INFUSION TEA - Thornton Park

located in Urban Think Bookstore
625 East Central Blvd.
Orlando, FL 32801
407-849-5004

hours:

M-Th 11am-9pm;
F-Sa 11am-12a;
Su 11a-5pm

Teahouse/Café

100% veg; vegan options

light fare including sandwiches, soups, salads; desserts; extensive tea menu; commitment to organics; WI-FI

beer and wine

www.infusionorlando.com

K RESTAURANT & WINE BAR

2401 Edgewater Dr
Orlando, 32804
407-872-2332

hours:

lunch M-F 11:30am-2:00pm,
Sa noon-2pm
dinner M-Tu 6-9pm
W-Sa 6pm-10pm
closed Sundays

Eclectic/Wine Bar

not pure veg; veg/vegan options

some veg items on menu; usually many veganizable; chef's choice veg/vegan plate available daily
call ahead and they will supposedly have extra vegan options on hand

beer and wine

www.krestaurantwinebar.com

KHASIYAT

852 Lancaster Rd
Orlando, 32809
407-888-2147
Cell: 407-617-1596

hours:

W-M 11:30am-8:30pm

closed Tuesdays

Indian

100% veg; vegan options

all-you-can-eat lunch buffet and full menu

KOHINOOR

249 W SR 436
Altamonte Springs, 32714
407-788-6004

LAC VIET

2021 E Colonial Dr
Orlando, 32802
407-228-4000

hours:

10am-10pm daily

Indian

not pure veg; veg/vegan options

lunch buffet; good selection of vegetarian dishes

Vietnamese

not pure veg; veg/vegan options

full vegetarian menu; summer rolls with tofu, curry soup, fried rice, mock meats, and other creative southeast asian dishes

beer, wine and liquor

MELLOW MUSHROOM

2015 Aloma Ave
Winter Park, 32792
407-657-7755

hours:

10am-10pm daily

Pizza

not pure veg; veg/vegan options

pizza crust is vegan (ask for no butter, no parm); lots of toppings incl. tempeh and tofu; also has sandwiches, salads and calzones
stop by Whole Foods (just up the road on Aloma) and pick up a block of vegan cheese—they will put it on your pizza!

beer, wine and liquor

www.mellowmushroom.com

NILE ETHIOPIAN

7040 International Dr
Orlando, 32819
407-354-0026

hours:

Su-Th 11am-9pm

Ethiopian

not pure veg; veg/vegan options

traditional Ethiopian; Orlando's ONLY Ethiopian; all veg items are vegan except honey wine and baklava (honey)

beer and wine

OLE GOURMET ISRAELI CAFÉ

7800 S Hwy 17-92, Suite 194
Main Street Square
Casselberry, Fl 32730

hours:

Su-Th 11am-9pm

International

not pure veg; veg/vegan options

mostly vegetarian (some fish) Israeli, Mexican and Italian cuisine

no alcohol

www.kosherfoodinorlando.com

O'NATURALS

located in Downtown Eats
44 E Central Blvd
Orlando, 32801
407-872-7422

Downtown Eats hours:
M-Th 6am-9pm
F 6am-3am
Sa 7am-3am
Su 7am-9pm

Café

not pure veg; veg/vegan options

franchise café featuring build your own flatbread sandwiches (flatbread is gluten-free but contains honey), soups, salads and noodle bowls; tofu available; vegan caesar dressing; organic when possible; WI-FI

local/organic beer and wine

POM POM'S TEAHOUSE & SANDWICHERIA

67 Bumby Ave
Orlando, 32803
407-894-0865

hours:
M-Sa 8am-8pm
Su 8pm-6pm

Teahouse/Café

not pure veg; veg/vegan options

extensive tea & sandwich menu; build your own sandwich with many veggie options; owner is knowledgeable and flexible

no alcohol

POWER HOUSE CAFE

111 E Lyman Ave
Winter Park, 32789
407-645-3616

hours:
M-F 8am-7pm
Sa 8am-5pm
closed Sundays

Middle Eastern/Healthy

not pure veg; veg/vegan options

vegetarian-owned; large smoothie menu; sandwiches, soups, and standard Middle Eastern fare

no alcohol

RUBY JUICE

101 W. First St.
Sanford, Florida 32771
407-322-3779

call for hours

Juice Bar/Café

not pure veg; veg/vegan options

juices, smoothies, sandwiches, soups and snacks; WI-FI

no alcohol

www.rubyjuice.com

SAH NEVAEH

N Orange Ave near Washington
Orlando
407-644-3868

hours:
usually Tu-Sa 9pm-3:30am

Mobile Food Cart

100% vegan

vegan hot dog cart with many toppings including vegan cheese, chili, spinach/artichoke, mushrooms

Cash only

no alcohol

S.E.A. THAI

3812 E Colonial Dr
Orlando, 32803
407-895-0985

hours:

lunch M-F 11am-2:30pm

Sa-Su noon-3pm

dinner M-Th 5pm-9:30pm

F 5pm-10pm, Sa 3pm-10pm

Su 3pm-9:30pm

Thai

not pure veg; veg/vegan options

unlike many thai restaurants, EVERYthing can be made veg/vegan (i.e. w/veggie broth instead of fish sauce, etc.)
staff is knowledgeable and helpful; food is excellent

beer, wine and sake

www.seaorlando.com

STARDUST VIDEO AND COFFEE

1803 E Winter Park Rd
Winter Park, 32803
407-623-3393

Coffeehouse/Café

not pure veg; veg/vegan options

coffee house and video rental store; menu clearly marked; most items veganizable; vegan chili, tofu and rice dish; salads; tempeh or tofu can be added to most items; coffee drinks; shade grown free trade coffee; some organic ingredients

beer and wine

www.myspace.com/stardustvideoandcoffee

SWEET TOMATOES

4678 E Colonial Dr
Orlando, 32803
407-896-8770

Buffet

not pure veg; veg/vegan options

large salad bar with soups, breads, pastas, etc.

no alcohol

www.sweettomatoes.com

SWEET TOMATOES

6877 S Kirkman Rd
Orlando, 32819
407-363-1616

Buffet

not pure veg; veg/vegan options

large salad bar with soups, breads, pastas, etc.

no alcohol

www.sweettomatoes.com

SWEET TOMATOES

474 W S R 436
Altamonte Springs, 32714
407-869-5550

Buffet

not pure veg; veg/vegan options

large salad bar with soups, breads, pastas, etc.

no alcohol

www.sweettomatoes.com

TASTE

717 W Smith St
College Park (Orlando), 32804
407-835-0646

hours:

M-F 11:30am-2:30pm;
M 5:30pm-10pm;
Tu-Sa 5:30pm-2am
live music 10pm-2am

Eclectic Tapas/Wine Bar not pure veg; veg/vegan options

tapas restaurant/art space/wine bar/live music;
a few vegan (or veganizable) options; owner/chef
knowledgeable so don't be afraid to call ahead and ask what they
can do

beer, wine and liquor

www.tastecp.com or www.myspace.com/tasteorlando

THAI HOUSE

2117 E Colonial Dr
Orlando, 32803
407-898-0820

hours:

M-F 11am-2pm;
M-Th 5pm-9pm;
F-Sa 5pm-10pm

Thai not pure veg; veg/vegan options

most items can be prepared vegetarian but be sure to ask

www.thaihouseforlando.com

TONY'S DELI

1323 N Mills Ave
Orlando, 32803
407-898-6689

hours:

M-Sa 10:30am-8pm;
closed Sundays

Middle Eastern not pure veg; veg/vegan options

family owned. lots of veg/vegan options incl hummus, tabouli, baba
ganoush, spinach pies, falafel and a variety of daily veg/vegan
specials

no alcohol

UDIPI CAFÉ

1275 S. Highway 17-92
Longwood, FL 32750
407.696.7775

hours:

M-F 11:30am-3pm; 5pm-10pm
Sa-Su 11:30am-10pm

South Indian 100% veg; vegan options

lots of vegan options although some dishes are made with ghee so
vegans should ask; management is very helpful; buffet has few vegan
options—better for vegans to order off the menu

no alcohol

www.woodlands-usa.com

WHITE WOLF CAFE

1829 N Orange Ave
Orlando, 32804
407-895-9911

hours:

M 11am-4pm;
Tu-Th 11am-10pm;
F-Sa 11am-11pm;
closed Sundays

Eclectic not pure veg; veg/vegan options

eclectic antique store/café; vegan options include mango-nut tabouli
pita; veggie plate with black bean hummus, mango-nut tabouli, dried
fruits, fresh veggies; black bean soup; lots of sandwich options;
salads; veggie burger (maybe vegan)

beer and wine

www.whitewolfcafe.com

WOODLANDS

6040 S Orange Blossom Tr
Orlando, 32809
407-854-3330

hours:

Su-Th 11:30-9:30pm;

F-Sa 11:30-10pm;

closed Mondays

South Indian

100% veg; vegan options

lots of vegan options although some dishes are made with ghee so vegans should ask; management is very helpful; buffet has few vegan options—better for vegans to order off the menu

no alcohol

www.woodlands-usa.com

Z-COFFEE

located in Orlando Public Library
101 E Central Blvd at Rosalind
Orlando, 32801
321-277-1213

hours:

M-Th 9am-9pm; F-Sa 9am-6pm;

Su 1pm-6pm

Deli/Café

not pure veg; veg/vegan options

wide selection of veg/vegan items

sandwiches incl hummus, tempeh, veg/vegan burgers, vegan deli meats, bratwurst, etc.; vegan cheese & veganaise; veg hot dogs; vegan pizzas; vegan baked goods; daily specials; coffee roaster w/ 50 types of coffee. Smoothies

no alcohol

www.z-coffee.com

HEALTH FOOD MARKETS for Metro Orlando

CHAMBERLINS

Market & Café

not pure veg; veg/vegan options

Winter Park Village
430 N Orlando Ave
Winter Park, 32789
407-647-6661

eat-in deli/café with veg/vegan options; organic produce, vitamins/herbs, groceries, health and beauty products;

good selection of organic wine and some organic beer for sale

Winn Dixie Plaza
1086 Montgomery Rd
Altamonte Springs, 32701
407-774-8866

www.chamberlins.com

Albertsons/Town Corral Ctr
1114 N John Young Pkwy
Kissimmee, 34741
407-846-7454

The Market Place
7600 Dr Phillips Blvd
Orlando, 32819
407-352-2130

Oviedo Market Place Super Store
1170 Oviedo Market Place Blvd
Oviedo
407-359-7028

Grove Park Shopping Center
1529 US Hwy 98 S
Lakeland, 33803
863 687-8413

ESSENTIAL HEALTH MARKET

Market & Deli

not pure veg; veg/vegan options

1035 Academy Drive
Altamonte Springs, 32714
407-869-0000

organic produce, vitamins/herbs, groceries, health and beauty products; sandwiches, wraps and smoothies in deli

hours:
Su 8am-7pm;
M-Th 8am-8pm;
F 8am-5pm;
closed Saturdays

www.essentialhealthmarket.com

WHOLE FOODS

1989 Aloma Avenue
Winter Park
407-673-8788

8003 Turkey Lake Road
Orlando 32819
407-355-7100

hours:
everyday 8am-10pm

Market & Café

not pure veg; veg/vegan options

organic produce, vitamins/herbs, groceries, health and beauty products; deli, hot bar, salad bar, bakery

extensive selection of beer and wine, some organic

www.wholefoods.com

Additional VEG-/ECO-Friendly Shops and Services

EVOLVE

604 N Thornton Ave
Orlando, 32803
407-595-3731

hours:

Th-Sa 12-7; Su 12-5

Sustainable Lifestyle Store

local, organic, vegan and earth friendly resources for home, health, garden, pets, education and clothing

evolve-store.com

HOMEGROWN CO-OP

located in Evolve
604 N Thornton Ave
Orlando, 32803
407-595-3731

Local, Organic Food Co-Op

local/organic produce and limited grocery items including vegan desserts and cheese, local dairy, bulk dry goods and bulk laundry/dish soap; **memberships preferred but not required**

www.holisticlivingschool.org/coop

ORLANDO BREWING

1301 Atlanta Ave
Orlando, FL 32806
407-872-1117

hours:

M-Th 3pm to 10pm

F-Sa noon-late

Su noon-9pm

Organic Brewery

Florida's only CERTIFIED ORGANIC brewery with 11 organic house brews on tap plus other microbrews; wine also available; organic coffee roaster; no food but area restaurants deliver here, just ask bartender for menu book

evolve-store.com

ORLANDO ORGANICS

PO Box 1138
Orlando
407-522-1502

Organic Produce Delivery Service

membership required; organic produce and limited grocery items delivered

www.orlandoorganics.com

ALL-NATURAL DRY CLEANING

1300 Brookhaven Dr
Orlando
407-894-6600

Dry Cleaning

environmentally friendly process; no harsh chemicals/heat

www.hangersorlando.com

161 W Fairbanks
Orlando
407-478-0020

7589 W Sandlake
Orlando
407-264-0264

hours:

M-F 7am-7pm; Sat 8am-3pm

FLORIDA ORGANICS

Organic Lawn Service

407-677-8689

uses natural and biological practices

NATURE'S BEST SERVICE

Organic Pest Control

407-489-0811

MAGIC KINGDOM DINING GUIDE

The Magic Kingdom is, surprisingly, very accommodating to the veg/vegan diet. All full service restaurants can prepare SOMETHING, although it might be whatever the chef feels like at the time. For full service VEGAN dining, it is suggested that you call ahead and let your dietary needs be known; you will also want to reiterate it for your hostess and wait staff.

Below are some highlights and suggestions from personal experience. A full detail of everything veg/vegan at the Magic Kingdom can be found at <http://allears.net/din/dining.htm>. While not the official Magic Kingdom dining guide, this is by far the best and most extensive. All menus for all restaurants can also be found on this site as well as a breakdown of veg/vegan counter service and full service dining options.

BROWN DERBY MGM studios

Continental cuisine
excellent thai noodles w/coconut crusted tofu on the menu

FULL SERVICE DINING

full liquor bar

SUNSHINE SEASONS EPCOT, The Land

Healthy Deli/Café food
several veg/vegan options including 3 dishes at Asian counter

COUNTER SERVICE

no alcohol

SAN ANGEL INN EPCOT, Mexico

Mexican cuisine
veg plate; standard mex fare

FULL SERVICE DINING

full liquor bar; decent margaritas

CANTINA DE SAN ANGEL EPCOT, Mexico

Mexican cuisine
standard mex options: chips, salsa, guac, refried beans are ok

COUNTER SERVICE

beer and frozen margaritas

LOTUS BLOSSOM CAFE EPCOT, China

Chinese cuisine
Good veg lo mein and/or sesame noodles, salad, fruit

COUNTER SERVICE

beer and wine

SOMMERFEST EPCOT, Germany

German cuisine
pretzel

COUNTER SERVICE

beer and schnapps

MARRAKESH RESTAURANT EPCOT, Morocco

Moroccan cuisine
salad, veg couscous

FULL SERVICE DINING

beer and wine

TANGIERINE CAFE EPCOT, Morocco	Moroccan cuisine tabouleh mediterranean wrap (served with Tangierine Couscous salad and lentil salad); veg platter (served with Tangierine Couscous salad, hummus, tabouleh); side dishes of Tabouleh, Lentil Salad, Marinated Olives, Tangierine Couscous Salad, or French Fries
COUNTER SERVICE	
L'ORIGINALE ALFREDO DI ROMA EPCOT, Italy	Italian cuisine many veg options—a couple are vegan/veganizable
FULL SERVICE DINING	beer and wine; maybe full liquor?
ROSE AND CROWN EPCOT, England	British Pub/Restaurant one or two veg options on menu; curry is not vegan
FULL SERVICE DINING PUB/RESTAURANT	full liquor bar
YORKSHIRE COUNTY FISH SHOP EPCOT, England	British Pub fare french fries—they are fried in separate oil from the fish
COUNTER SERVICE	beer
SPOODLES EPCOT Resorts, Boardwalk	Variety menu changes so there are veg/vegan options most of the time; this is hit or miss; i've had both good and bad meals here
FULL SERVICE DINING	beer and wine; maybe full liquor
BIG RIVER GRILLE AND BREWING WORKS EPCOT Resorts, Boardwalk	salad, hummus, chips & salsa
FULL SERVICE DINING	beer
ESPN EPCOT Resorts, Boardwalk	veggie burger, portobella sandwich
FULL SERVICE DINING	full liquor bar
KIMONO SUSHI EPCOT Resorts, Swan	Japanese cuisine standard vegan sushi options; good quality but nothing too creative karaoke
FULL SERVICE DINING LOUNGE	full liquor bar
GARDEN GROVE CAFE EPCOT Resorts, Swan	soy burger, salads, maybe pasta primavera
COUNTER SERVICE	

YACHT CLUB GALLEY
EPCOT Resorts, Yacht Club

roasted portobella sandwich, salads

FULL SERVICE DINING

no alcohol

PLAZA RESTAURANT
MAGIC KINGDOM, Main Street

veg burger upon request (maybe vegan, ask first!)

FULL SERVICE DINING

no alcohol

COLUMBIA HARBOUR HOUSE
MAGIC KINGDOM, Liberty Square

veg chili

COUNTER SERVICE

no alcohol

LIBERTY TREE TAVERN
MAGIC KINGDOM, Liberty Square

salad, vegetables and grain dish

FULL SERVICE DINING

no alcohol

COSMIC RAY'S STARLIGHT CAFE
MAGIC KINGDOM, Tomorrowland

veg wrap, soup, boca burger

COUNTER SERVICE

no alcohol

TOMORROWLAND TERRACE
NOODLE STATION
MAGIC KINGDOM, Tomorrowland

veg tofu noodle bowl

COUNTER SERVICE

no alcohol

CALIFORNIA GRILLE
MAGIC KINGDOM Resorts,
Contemporary Resort

chef's choice veg/vegan plate; always excellent! beautiful presentation, as well
also a few items on daily-changing menu may be vegan
Restaurant is on the roof of the Contemporary Resort—nice view!

FULL SERVICE DINING

full liquor bar

BOATWRIGHT'S DINING HALL
Port Orleans

veggies and grilled tofu dish

FULL SERVICE DINING

full liquor bar

ARTIST'S PALETTE
Saratoga Springs Resort and Spa

roasted veg flatbread; roasted veg sandwich; salads

FULL SERVICE DINING

RAINFOREST CAFE

Animal Kingdom Lodge

veggie burger, salads, veggie stir-fry, "plant" sandwich

FULL SERVICE DINING

JIKO

Animal Kingdom Lodge

South African cuisine

excellent vegan appetizer, salad and entree

FULL SERVICE DINING

full liquor bar

BOMA

Animal Kingdom Lodge

South African cuisine

all you can eat; many veg options

FULL SERVICE DINING

RAINFOREST CAFE

**Downtown Disney
Marketplace**

veggie burger, salads, veggie stir-fry, "plant" sandwich

FULL SERVICE DINING
